



# Academy Menu

## K-12th

February

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30	31	1	2	3
Hamburger Steak Rice w/ Parsley Green Beans Honey Buttered Baby Carrots Roll	Lemon Pepper Chicken Buttered Red Potatoes Steamed Broccoli w/ Cheese Sauce Fried Zucchini Roll	Steak Fingers Mashed Potatoes Sautéed Squash Lima Beans Roll	Chicken Strips Buttered Rice Green Bean Casserole Garden Salad Roll	Club Sandwich Tater Tots Corn On Cob Broccoli Salad
6	7	8	9	10
Chicken Nugget Mashed Potatoes English Pea Roll	Mini Corn Dogs Mac & Cheese Steamed Broccoli Pineapple Tidbits	Swedish Meat Balls w/Sauce Buttered Egg Noodles Fried Squash Peas Roll	Ravioli Corn Nuggets Lima Beans Capri Vegetables Roll	Beef Mac & Tomatoes Casserole Whole Kernel Corn Crispy Fried Okra Garden Salad Roll
13	14	15	16	17
Chicken Fried Steak w/ Gravy Rice Pilaf Lima Beans Garden Salad Roll	Enchilada Mexican Rice Whole Kernel Corn Cinnamon Apples	Spaghetti w/ Meat Sauce French Style Green Beans Vegetable Sticks Roll	Fish Sticks Tater Tots Corn on Cob Roll	BBQ Chicken Breast Green Beans Almandine Baked Beans Potato Salad Roll
20	21	22	23	24
School Closed	Lemon Pepper Chicken Buttered Red Potatoes Steamed Broccoli w/ Cheese Sauce Fried Zucchini Roll	Steak Fingers Mashed Potatoes Sautéed Squash Lima Beans Roll	Chicken Strips Buttered Rice Green Bean Casserole Garden Salad Roll	Club Sandwich Tater Tots Corn On Cob Broccoli Salad

The Choice Matters menu follows standards set by USDA's National School Lunch Program.  
Plate Lunch includes entrée, 2 sides and beverage. Plate Lunch cost is \$4.25.